

# Free-Motion Quilting Made Easy

Use these three exclusive projects to hone your graffiti quilting skills. The Starfish Pot Holder is a great small first project to get warmed up, followed by the Flower Place Mat. Finally, the Flying Geese Wall Hanging takes you a little further along in the process. Enjoy learning on this spontaneous quilting adventure!



## Meet the Instructor

Wendy Sheppard is an accomplished quilting designer and instructor. She has taught five Annie's machine-quilting classes and has been published numerous times in Quilter's World magazine. Wendy interacts with the quilting community through her blog at [www.ivoryspring.wordpress.com](http://www.ivoryspring.wordpress.com).

[AnniesOnlineClasses.com](http://AnniesOnlineClasses.com)



# Starfish Pot Holder

## Skill Level



CONFIDENT BEGINNER

## Finished Size

Pot Holder Size: 8" x 8"

## Materials

- 1 (8½" x 8½") cream solid square
- ⅛ yard binding fabric
- Backing to size
- Batting to size
- Free-motion quilting foot (or darning foot)
- Walking foot
- Air or water erasable fabric markers
- Thread
- Basic sewing tools and supplies

Find supplies at  
[AnnieCraftStore.com](http://AnnieCraftStore.com)

## Project Notes

It is advisable to view video class completely before attempting project.

Materials and cutting lists assume 40" of usable fabric width.

## Cutting

### From binding fabric:

- Cut 1 (2¼" by fabric width) binding strips.

## Making the Pot Holder

1. If needed, mark the starfish outline on the 8½" x 8½" solid square. Create a quilt sandwich, layering batting piece on backing fabric square (right side down) before placing starfish square right side up. Baste with basting pins.
2. Following along with the class video, machine-quilt the starfish and surrounding area.
3. To finish, spritz with water to dampen quilted piece and pat down bumps. Let dry overnight. Square up pot holder.
4. Bind referring to Quilting Basics on page 9 to finish. ●





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# Flower Place Mat

## Skill Level



CONFIDENT BEGINNER

## Finished Size

Place Mat Size: 14" x 10"

## Materials

- Fat quarter black solid
- ¼ yard binding fabric
- Backing to size
- Batting to size
- Free-motion quilting foot (or darning foot)
- Walking foot
- Air or water erasable fabric markers
- Thread
- Basic sewing tools and supplies

Find supplies at  
**Annie'sCraftStore.com**

## Project Notes

It is advisable to view video class completely before attempting project.

Materials and cutting lists assume 40" of usable fabric width.

## Cutting

### From black solid:

- Cut 1 (10½" by fabric width) strip. Subcut strip into 1 (14½" x 10½") A piece.

### From binding fabric:

- Cut 2 (2¼" by fabric width) binding strips.

## Completing the Place Mat

1. Using a quilting ruler, mark diagonal crosshatching lines on A piece.
2. Create a quilt sandwich, layering batting piece on backing fabric square (right side down) before placing marked A piece right side up. Baste with basting pins.



3. Using a matching thread, quilt crosshatches.

4. Following along with the class video, quilt flowers with contrasting threads.

5. To finish, spritz with water to dampen quilted piece and pat down bumps. Let dry overnight. Square up place mat.

6. Bind referring to Quilting Basics on page 9 to finish. ●



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# Flying Geese Wall Hanging

## Skill Level



CONFIDENT BEGINNER

## Finished Size

Wall Hanging Size: 18" x 13"

## Materials

- 1/8 yard light blue solid
- 7/8 yard cream solid
- 1/3 yard binding fabric
- Backing to size
- Batting to size
- Free-motion quilting foot (or darning foot)
- Walking foot
- Plastic template material
- Air or water erasable fabric markers
- Thread
- Basic sewing tools and supplies

Find supplies at  
**Annie'sCraftStore.com**

## Project Notes

It is advisable to view video class completely before attempting project.

Materials and cutting lists assume 40" of usable fabric width.

## Cutting

### From light blue solid:

- Cut 1 (1 1/2" by fabric width) strip.  
Subcut strip into 1 (1 1/2" x 24 1/2") C strip.

### From cream solid:

- Cut 1 (14 1/2" by fabric width) strip.  
Subcut strip into 1 (10 1/2" x 24 1/2") A rectangle and 1 (7 1/2" x 24 1/2") B rectangle.

### From binding fabric:

- Cut 3 (2 1/4" by fabric width) binding strips.



## Completing the Wall Hanging

1. Referring to Figure 1, sew A and B rectangles to opposite long sides of the C strip to complete the quilt top.
2. Draw a 2½" x 5" flying geese unit on plastic template material. Cut out flying geese shape. Referring to photo on page 8, place template on quilt top and mark two flying geese on the A section and three flying geese on the B section.
3. Create a quilt sandwich, layering batting piece on backing fabric square (right side down) before placing quilt top right side up. Baste with basting pins.
4. Following along with the class video, quilt motifs.
5. To finish, spritz with water to dampen quilted piece and pat down bumps. Let dry overnight. Square up place mat.
6. Bind referring to Quilting Basics on page 9 to finish. ●

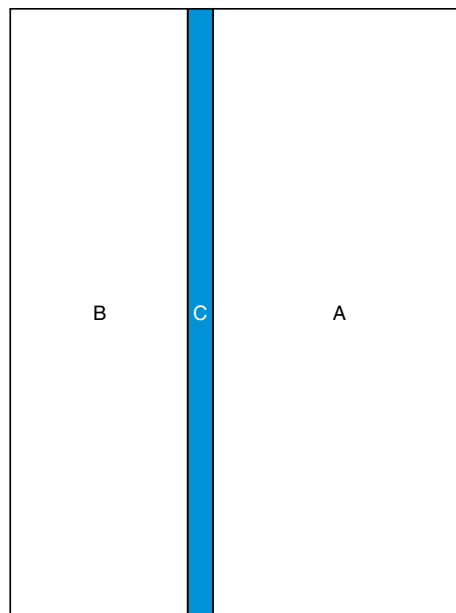


Figure 1

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# Quilting Basics

The following is a reference guide. For more information, consult a comprehensive quilting book.

## Quilt Backing & Batting

Cut your backing and batting 8" larger than the finished quilt-top size and 4" larger for quilts smaller than 50" square.

**Note:** Check with longarm quilter about their requirements, if applicable. For baby quilts not going to a longarm quilter 4"–6" overall may be sufficient. If preparing the backing from standard-width fabrics, remove the selvages and sew two or three lengths together; press seams open. If using 108"-wide fabric, trim to size on the straight grain of the fabric. Prepare batting the same size as your backing.

## Quilting

**1.** Press quilt top on both sides and trim all loose threads. **Note:** If you are sending your quilt to a longarm quilter, contact them for specifics about preparing your quilt for quilting.

**2.** Mark quilting design on quilt top. Make a quilt sandwich by layering the backing right side down, batting and quilt top centered right side up on flat surface and smooth out. Baste layers together using pins, thread basting or spray basting to hold. **Note:** Tape or pin backing to surface to hold taut while layering and avoid puckers.

**3.** Quilt as desired by hand or machine. Remove pins or basting as you quilt.

**4.** Trim batting and backing edges even with raw edges of quilt top.

## Binding the Quilt

**1.** Join binding strips on short ends with diagonal seams to make one long strip; trim seams to ¼" and press seams open (Figure 1).

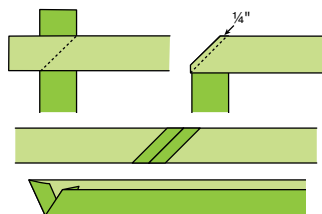


Figure 1

**2.** Fold ½" of one short end to wrong side and press. Fold the binding strip in half with wrong sides together along length, again referring to Figure 1; press.

**3.** Starting about 3" from the folded short end, sew binding to quilt top edges, matching raw edges and using a ¼" seam. Stop stitching ¼" from corner and backstitch (Figure 2).

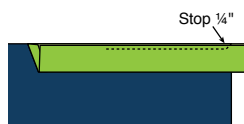


Figure 2

**4.** Fold binding up at a 45-degree angle to the seam and then down even with quilt edges, forming a pleat at corner (Figure 3).

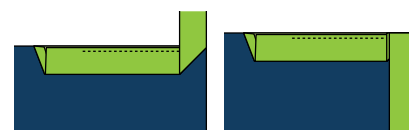


Figure 3

**5.** Resume stitching from corner edge as shown in Figure 3, down quilt side, backstitching ¼" from next corner. Repeat, mitering all corners, stitching to within 3" of starting point.

**6.** Trim binding, leaving enough length to tuck inside starting end and complete stitching (Figure 4).

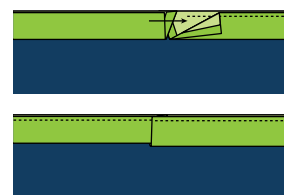


Figure 4

**7.** If stitching binding by hand, machine-sew binding to the front of the quilt and fold to the back before stitching. If stitching by machine, machine-sew binding to back of the quilt and fold to the front before stitching.

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valuable input!**

**Special Thanks**  
*to Bernina for providing the  
560 sewing machine used  
during this video class.*

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# Free-Motion Quilting Made Easy

## MATERIALS LIST

### Starfish Pot Holder

#### Materials

- 1 (8½" x 8½") cream solid square
- ⅛ yard binding fabric
- Backing to size
- Batting to size
- Free-motion quilting foot (or darning foot)
- Walking foot
- Air or water erasable fabric markers
- Thread
- Basic sewing tools and supplies



### Flower Place Mat

#### Materials

- Fat quarter black solid
- ¼ yard binding fabric
- Backing to size
- Batting to size
- Free-motion quilting foot (or darning foot)
- Walking foot
- Air or water erasable fabric markers
- Thread
- Basic sewing tools and supplies



### Flying Geese Wall Hanging

#### Materials

- ⅛ yard light blue solid
- ⅞ yard cream solid
- ⅓ yard binding fabric
- Backing to size
- Batting to size
- Free-motion quilting foot (or darning foot)
- Walking foot
- Plastic template material
- Air or water erasable fabric markers
- Thread
- Basic sewing tools and supplies



Shop for recommended materials at [AnniesCraftStore.com](http://AnniesCraftStore.com) or at your local craft store. If you cannot find the exact supplies listed, substitute following the specifications given in the materials list (weight, fiber, size, color, etc.). You can take any class without making the projects. Class skills can be learned by working with materials you have on hand to make swatches, blocks or small samples.